

## Shizuoka Prefecture, dominated by the sheer presence of Mt. Fuji, Japan's highest peak

Shizuoka Prefecture is in the Chubu region, situated in the middle of Japan. This prefecture boasts a rich natural environment dominated by Mt. Fuji, locations steeped in history, and a diverse culture of manufacturing ranging from traditional items to the latest technologies. Furthermore, Shizuoka boasts a number of firsts. Beautiful landscapes, historic towns and castles, soothing hot springs, and a plethora of cuisines···Shizuoka Prefecture – replete with the charm and excitement of Japan.





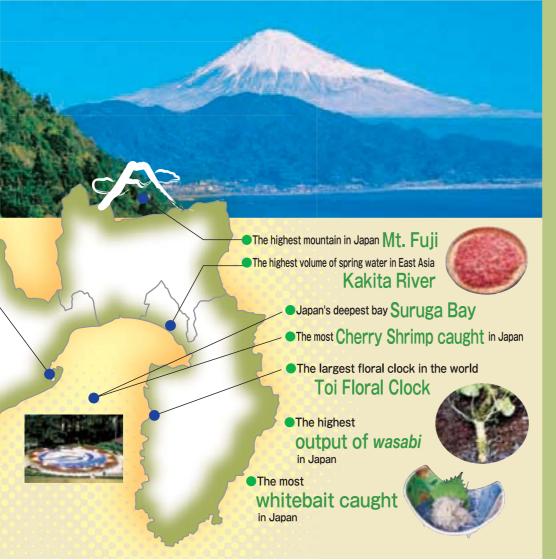
- ●The most *ryokan* inns in Japan
- ●The largest amount of tuna landed in Japan
- The most **onsen** hot springs in Japan
- The most bonito caught in Japan
- •The most resort villas in Japan
- The longest wooden footbridge in the world
  - Horai Bridge



The widest area of tea plantations
the most green tea harvested
and the most green tea shipped in Japan



- ●The most pianos shipped in Japan
- The most electronic instruments shipped in Japan
- The most photomultipliers produced in Japan
- The most yukata cotton kimonos handled in Japan-



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#### Mt. Fuji in Woodblock Prints

Katsushika Hokusai, the foremost figure in woodblock prints, is famous for his 36 Views of Mt. Fuji. Japanese in the Edo period had a strong reverence for Mt. Fuji. Hokusai used Mt. Fuji as a motif in illustrating the soul of Japan.



#### Miho-no-Matsubara

Shizuoka City P38.MAP ①

One of the "New Three Views of Japan." Along its seven kilometers of coastline, 54,000 pine trees grow, including an ancient tree to which tradition says an angel floated down. From the water's edge, the view of Mt. Fuji is a sight to behold.

■Access - From JR Shimizu Station, approximately 25 minutes by Shizutetsu bus for Tokai University Miho Aquarium.



## Mt. Fuji

Why do the Japanese love Mt. Fuji? It is not just because it is the highest peak in Japan. The magnificent summit reaching above a lush, green, forest. The mysterious silhouette

#### Satta Pass



#### Shizuoka City P37.MAP F-3

The view of Mt. Fuji and Suruga Bay from this pass is stunning, and remains as painted in the 53 Stations of the Tokaido. You can view a landscape largely unchanged from when painted by master ukiyoe artist Utagawa Hiroshige Access – From JR Okitsu Station, an approximately 30-minute walk.

#### Abe Pass



#### Shizuoka City P37.MAP E-2

Border with Yamanashi Prefecture Continuing up the trail, the magnificence of Mount Fuji opens up ahead of you. The forest road can be traveled by car, and you can enjoy the beauty of azaleas in May, and the foliage in the autumn.

Access – From JR Shizuoka Station.

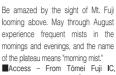
#### approximately 2 hours by bus.

#### Lake Tanuki



Asagiri Highland

#### Fujinomiya City P37.MAP F-1



Fujinomiya City P37.MAP F-2

### Access - From Tōmei Fuji IC, approximately 45 minutes' drive on National Route 139.

#### Fuji River



#### Fuji City P37.MAP F-2

One of Japan's three fastest-flowing rivers. With abundant, fast flow, the view of Mt. Fuji towering over the flat, downstream riverbed of the Fuji River is one of Shizuoka's celebrated views ■Access - From JR Shibakawa

#### ■Access – From JR Shibakawa Station, an approximately 5-minute walk

#### Sun-dried Cherry Shrimp





During the spring and autumn catches, enjoy the vast, red expanse of Cherry Shrimp drying in the sun. This scene of shrimp drying in the sun, together with the backdrop of Mt. Fuji is popular with photographers

■Access – From JR Shin-Kambara Station, an approximately 10 minutes by taxi.

## 是自然。

## & Nature

reflected in the water. The mountain's changing visage through the seasons shows us the real beauty of nature. No matter how often you see it, it never fails to impress.



Mt. Fuji and tea plantation

Tea gardens covering the foothills of Mt. Fuji in early spring. Uncluttered by power lines and other intrusions, the natural open scenery is a magnet for people who love taking photos.

Maccess - From Tomei Fuji IC. approximately 20 minites.



The Birth of Mt. Fuji
Mt. Fuji was born around 100,000
years ago. At first a small volcano,
repeated eruptions built it up into the
prominent landmark we know today,
dwarfing older volcanoes such as Mt.
Komitake, Mt. Ashitaka, and Mt.
Hakone.

#### Heiwa Park



#### Gotemba City P37.MAP H-2

This features stupa honoring the Buddha's bones, and cherry blossom viewing in spring. The nearby magnificence of Mt. Fuji makes this a must-see spot.

Access - From Gotemba Line Gotemba Station, an approximately 10 minutes by taxi.

#### Senbon-Matsubara



#### Numazu City P37 MAP G-3

A nature park with a large grove of pines, backing onto Suruga Bay. One of Japan's 100 most beautiful white-sand beaches. The combination of beautiful pines, the splendor of Mt. Fuji, and the sun setting over the sea is truly outstanding.

■Access - From JR Numazu Station, approximately 15 minutes by bus.

#### Cape Ose



Mizugatsuka Park



#### Numazu City P37.MAP G-3

A promontory that thrusts out 800 meters into Suruga Bay. This features Ose Shrine, which was established approximately 1,500 years ago, with a juniper grove that is designated as a natural treasure.

Access - From JR Numazu Station, approximately 1 hour by bus.

#### izugatsuka Park sus

#### Susono City P37.MAP G-2

Around 1,500 meters above sea level. Looking out at the Hoei vent, you can gaze upon the grandeur that is Mt. Fuji. In winter in particular, the al-encompassing snowscape and the beauty of Mt. Fuji are sights to behold.

■Access – From JR Iwanami Station, an approximately 30 minutes by taxi.

#### Katsuragi-yama Panorama Park Izunokuni City P37.MAP G-3



Ascend the mountain on the 1,800-meter ropeway, and enjoy a 360° panorama of Mt. Fuji, Suruga Bay, and the Amagi mountain range. This is the perfect place from which to view sights such as the

Katsuragi shrine, and Hyakutai-jizo.

■Access – From Izuhakone Railway Izunagaoka
Station, approximately 10 minutes by bus.

#### Kumomi Coast



#### Matsuzaki Town P37.MAP G-5

One of Japan's prominent beauty spots, with cliffs eroded by the sea, and a wind-beaten shore. Also famous as a marine sports hot-spot. On clear days, you can gaze upon the magnificence of Mt. Fuji.

\*\*Access - From Izu Kyuko Rendaiji Station,

Access - From Izu Kyuko Hendaiji Station, approximately 40 minutes to Matsuzaki Bus Terminal, then change buses, for another 20 minutes.



#### How to use onsens.

- 1 To accustom yourself to the temperature, enter slowly.
- 2 First, sit your lower body in the bath.
- 3 You should stay in the bath until you break a slight sweat.
- 4 To enjoy the medicinal properties of the water, do not shower after getting out.
- 5 Drink plenty of water, and rest for a while



Toi Spa Izu City P37.MAP G-4

The oldest onsen on the West Izu coast, from when water first aushed out during the Edo Period. Blessed by warm weather, this is famous as a summer and winter resort.

Access – From Izuhakone Railway Shuzenii Station, approximately 50 minutes by bus.

#### Beachside hot springs

Shizuoka Prefecture has a great number of onsen hot springs from which one can gaze out on the sea. Enjoy the feeling of watching the wakes of fishing boats and pleasure craft from an onsen. Watching the golden sun setting over the sea while soaking in the bath soothes both soul and body.

#### Kanzanji Spa



#### Hamamatsu City P38.MAP (3)

The shore of Lake Hamana has a number of hot spring areas. As well as hot springs, it is a popular, bustling holiday area with amusement parks and a zoo nearby. Access - From JR Hamamatsu Station, approximately 40 minutes by

#### Bentenjima Spa



#### Hamamatsu City P38.MAP (3)

Rising from the lake, the huge vermillion torii is the landmark gateway to Bentenjima Spa. This huge panorama shows the sweeping view towards Lake Hamana, the torii, Hamana Bridge, and the sea at Enshu. Access - From JR Bentenjima Station an approximately 3-minite walk.

#### Atami Spa





Atami City P38.MAP (2)

Access - JR Atami Station

#### Yaizu Kuroshio Spa



#### Yaizu City P37.MAP E-4



#### Ito Spa



#### Ito City P37.MAP H-4

Together with Atami, this is one of Japan's three most famous spa resorts. Day visitors are also welcome to hotels and traditional ryokan inns, letting you enjoy baths throughout the town.

Access - JR Ito Station

#### Rendaiji Spa



#### Shimoda City P37.MAP G-5

Onsen resorts in the mountains. Traditional ryokan inns steeped in Japanese character line the Inozawa River and its tributaries, as well as the Rendaiji River. Rendaiji is famous for its abundance of onsens, and there are many historic sites remaining from the end of the Edo Period.

Access - Izu Kvūkō Line Izukvū-Shimoda Station

# 温泉の

#### Mountain hot springs

Well-known hot springs in secluded spots in the mountains, surrounded by nature. There is nothing like enjoying a bath and viewing mountain landscapes, letting you experience the changing of the seasons up close.



Nanadaru Spa Kawazu Town P37.MAP G-5

A quiet onsen town perched in a gorge on the upper reaches of the Kawazu River. Famous as the setting for Yasunari Kawabata's The Dancing Girl of Izu, this has many sights in addition to the seven famous waterfalls, such as the Old Amagi tunnel. ■Access – From Izu Kyūkō Line Kawazu Station, approximately 30 minutes by bus.

Izu City P37.MAP G-4

Casual foot baths Foot baths are a great way of improving your circulation by warming just your feet, and are a great way of getting rid of chills. These have the same effect as a lower-body bath, and their casual

use is popular. Why not try one out

for feet that are tired from walking?

Gotemba City P37.MAP G-2

An onsen resort situated in the green of

a alpine plateau town. Since ancient

times, this has been known as the start location for when climbing Mt. Fuji, and

this offers a truly outstanding landscape

in which one can enjoy Mt. Fuji

#### Sumatakyo Spa Kawanehoncho Town P37.MAP D-3



An onsen that has been selected as one of the "100 Natural Spots to Preserve in the 21st Century." The water in this onsen is popular for its beneficial effects on the skin, and is known as a "Hot Spring That Makes Women Beautiful \*

Access - From Oigawa Railway Senzu Station, approximately 30 minutes by bus.

#### Izu Nagaoka Spa



#### Izunokuni City P37.MAP G-3

People who visit enjoy the idyllic natural scenery such as Mt. Katsuragi with its panoramic view of the Kano River, Mt. Fuji, and Suruga Bay. The water in the onsen is kind to the skin, and is also great to drink.

Access - From Izuhakone Railway Izunagaoka Station, approximately 5 minutes by bus.

#### Shuzenji Spa



This atmospheric onsen has a long and distinguished history on the Izu Peninsula. Hotels are built along both banks of the Katsura River. Make sure you visit the famous shrine at Shuzenji,

which gave its name to this resort. Access - From Izuhakone Railway Shuzenii Station, approximately 8 minutes by bus.

#### Amagi Yugashima Spa Izu City P37.MAP G-4



Amagi Yugashima, where Yasunari Kawabata both wrote and set The Dancing Girl of Izu. Water gushes up from over a dozen springs, and most of the hotels boast natural spring water onsens.

Access - From Izuhakone Railway Shuzenji Station, approximately 30 minutes by bus.

#### Gotemba Spa



throughout the four seasons. Access – JR Gotemba Station

#### Inatori Spa



#### Higashiizu Town P37.MAP H-5

In addition to onsens that look out upon Izu Ōshima, there are those at which you can enjoy the Hanged Doll Ornament Festival. alfonsino and famous boiled rice with tea, and fireworks displays.

Access - Izu Kyūkō Line Izu-Inatori Station



#### Tea-flavored dishes

The hues of tea, as well as their refreshing tastes and fragrances are a perfect match for cuisine. Shizuoka has many restaurants where you can enjoy cuisine such as tea flavored rice, green tea noodles, tea-leaf tempura, and green tea leaves cooked in a sweet soy-based sauce.



#### Makinohara Tea Estate

Makinohara City P38.MAP (4)

A carpet of green covering the Makinohara highlands, this is Japan's largest tea-growing plantation, producing 40% of Shizuoka's green tea. In one corner is Makinohara Park, from where you can look down on the Oi River, and in the distance, you can see Mt. Fuji and Suruga Bay. Access - From JR Kanaya Station, an approximately 25-minute walk.

Tea

The scent of tea soothes the soul, and is a part of Japanese culture that has been handed down from ancient times. Why not encounter the true soul of the Japanese, by experiencing tea picking or the tea ceremony?

#### Gyokuro-no-Sato



#### Fujieda City P37 MAP D-4

Enjoy gyokuro refined tea and powdered green tea at the "Hyogetsu-tei" tea house, while gazing out over the garden and pond. Traditional cooking and products are sold at the Cha-no-Hanatei.

Access - From JR Yaizu Station, approximately 20 minutes by bus, get off at Okabe-vakuba-mae. approximately 15 minutes by bus.



#### Kaori-no-Oka Chapia (Chayuan) Fukuroi City P37.MAP C-5

This is a total "tea-land" that encompasses tea and the culture surrounding it. It features direct tea outlets, farms, and a learning area where you can experience tea hand-rubbing. At Chayuan, you can experience the tea ceremony.

Access - From JR Fukuroi Station. approximately 10 minutes by bus.

#### Foret Nakakawane Chameikan



#### Kawanehoncho Town P37.MAP D-3

A community area where you are introduced to life in Nakakawane, as well as nature and products all with a theme of "green tea." You can also experience brewing your own tea.

Access - From Öigawa Railway Suruga-Tokuvama Station, an approximately 10-minute walk.

#### Sumpu Park Momijiyama Garden Shizuoka City P38.MAP (1)



A Japanese-style garden and teahouse in Sumpu Park, in central Shizuoka. You can enjoy time drinking tea in an atmospheric, quiet tea house with tables and chairs.

Access - From JR Shizuoka Station. an approximately 10-minute walk.

#### Yui Honjin Park (Miyukitei) Shizuoka City P37.MAP F-3



Yui Honiin Park has restored a

traditional Japanese-style room visited three times by the Emperor Meiii. The refinement of the garden and tea house that are frozen in time give an authentic Japanese feel.

Access - From JR Yui Station, an approximately 25-minute walk.

#### Kuraya Narusawa



#### Izunokuni City P37.MAP H-3

This sells tea that is grown and produced on-site. Here, visitors can experience picking tea while dressed in authentic tea-pickers' costumes. This also features a beer restaurant, at which you can enjoy grilled food, and microbrewed beer.

Access - From Izuhakone Railway Izunagaoka Station, approximately 8 minutes by bus.

# 美级

## **Delicacies**

From the mountains and from the sea - savor the delicate flavors provided by bounteous nature. Sashimi and sushi, wasabi, eel, and other delicacies are dishes that distinguish Japanese cuisine. Experience authentic food made with the flavorsome local touch of Shizuoka.



Sashimi Because it fronts the sea, Shizuoka Prefecture can provide tasty seatoou, especially during the winter months. Enjoy the firm flesh, tender chewiness, and delicate flavor of sashimi made with the freshest fish straight from the wharf.



#### Shizuoka – the Fruit Kingdom!

Shizuoka is blessed by the sun, and this produces fruit with a distinctive sweetness. Delicious fruit including strawberries, mandarin oranges, melons, and grapes are available year round. Visitors can also visit farms where they can pick melons and other fruit.

#### Cherry Shrimp



A valuable type of shrimp that can only be caught in Suruga Bay. This is distinctive for its rich, flavorsome taste, and is caught twice a year, from late March to early June, and from late October to late December

#### Eel



Shizuoka is famous for its eel-producing areas, including Lake Hamana, Hamamatsu, and Yoshida. Why not try the unaju box set, with plump, juicy eel on rice?

#### Wasabi



Shizuoka Prefecture produces more wasabi than anywhere else in Japan. Enjoy the authentic rich, deep taste of wasabi grown in clear spring water

#### Sushi



Shizuoka Prefecture is a center of sushi culture, and it hosts the World Sushi Expo. Fishing ports in each area have an abundance of sushi restaurants with the freshest fish, and these are popular with both locals and tourists.

#### Shizuoka Oden



This is boiled in a rich, dark soup that is replenished with beef every day. Distinctive in that it contains Shizuoka's famous fish cakes. This is eaten sprinkled with aonori and dashiko.

#### Japanese Spider Crab



The world's largest crab, with a leg span of over three meters, is caught in Suruga Bay. It is known for its, fresh taste, with a delicate sweetness. This crab is recommended when arilled.



Hamamatsu Flower Park Hamamatsu City P38.MAP (3) A flower park in which you can enjoy 100,000 seasonal blossoms of 3,000 types from around the world. Visitors are guaranteed an enjoyable experience any time, with western-style gardens, fountain shows, children's play areas, flower trains, grassed areas, and events. Access - From JR Hamamatsu Station,

approximately 40 minutes by bus.



Kawazu Cherry Blossoms Kawazu Town P37 MAP H-5

These cherry blossoms bloom earlier than average, with deep pink blossoms from late January to Early March. The Kawazu Cherry Blossom Festival is held for a month every year starting February 10, and is visited by over a million people.

Access – Izu Kyūkō Line Kawazu Station

Visitors to temperate Shizuoka can enjoy seasonal flowers such as daffodils, plums, and early flowering cherry blossoms in early spring, and azaleas and roses in early summer. Why not take in Shizuoka's flowers, and feel revitalized?

#### Cherry blossoms (leyama Tunnel) Shimada City P37.MAP C-4



A tunnel of cherry blossoms one kilometer long, near levama Station on the Oigawa Railway. This spot is particularly popular with photographers when a steam train is running.

Access - Oigawa Railway, leyama



Visitors can enjoy over 150 types of lily from around the world, spread over ten hectares. Peak season is mid-May to late June. Why not try lily tempura within the

Fukuroi City P37 MAP C-5

Access - From JR Fukuroi Station. approximately 15 minutes by bus.

#### Wisterias (Rengeji-lke Park)



Rengeji-Ike Park, where you can see the seasonal flowers delighting the worshippers. Known as a popular spot for wisteria, from mid-April to early May, this shows off a riot of wisterias hanging from trellises.

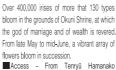
Fuiieda City P37 MAP D-4

Access - From JR Fujieda Station, approximately 20 minutes by bus.

#### Irises (Okuni Shrine)



#### Mori Town P37.MAP C-4



Tötömi-Ichinomiya Station, walk (free shuttle bus provided on Sundays and public holidays)

#### Plums (Atami Plum Garden) Atami City P38.MAP (2)



Atami Plum Garden, famous for Japan's latest autumn leaves and earliest blossoming plums. Some 750 old plum trees spread over approximately 40,000 square meters. These are at their best from late November to late March

Access - From JR Kinomiya Station, an approximately 7-minute walk.

#### Daffodils (Cape Tsumeki) Shimoda City P37.MAP H-5



The daffodils that cover Cape Tsumeki which juts into the ocean are bathed in sunshine, and bloom earlier than anywhere else. From mid-December for approximately a month, their sweet perfume is carried on the sea breeze.

Access - From Izu Kyūkō Line Shimoda Station, approximately 15 minutes by bus.



Shiraito Falls
Fujinomiya City P37.MAP F-2

and 200 meters wide in many large and small waterfalls, with a delicate feminine beauty. This is a national beauty spot, and protected natural treasure.

Access - From JR Fujinomiya Station, approximately 30 minutes by bus.



#### Kakita River

Shimizu Town P38.MAP ②
The spring that feeds the Kakita River puts forth a million tons of water every day, which is the largest output in East Asia, and is the shortest class-one river in Japan. This has been selected as both one of Japan's "Hundred Finest Waters" and as one of the "100 Natural Spots to Preserve in the 21st Century."

#### Omaezaki



peace, and their power.

#### Omaezaki City P37.MAP D-6

A peninsula that forms the southernmost point of Shizuoka Prefecture, Omazaki thrusts into the sea separating the Enshuunada area from Suruga Bay. Why not visit the Omaezaki's famous lighthouse, from where you can get a panoramic view of the Pacific Ocean.

Access - From JR Kikugawa Station, approximately 1 hour by bus.

#### Lake Hamana



#### Hamamatsu City P37.MAP A-5

Salt water from the ocean and fresh water from the lake mix, to give abundant, delicious seafood. This is popular as a marine sports location, where you can enjoy windsurfing and parasailing.

Access - From JR Hamamatsu Station, approximately 45 minutes by bus.

#### Kawazu Seven Falls Kawazu Town P37.MAP G-5



mountain range creates seven pleasing, individual waterfalls. Here, visitors can enjoy hiking along the trail that follows the river between the waterfalls.

Pure water flowing off the Amagi

■ Access - From Izu Kyūkō Line Kawazu Station, approximately 35 minutes by bus.

#### Jogasaki Coast



#### Ito City P37 MAP H-4



Access - From Izu Kyūkō Line Futo Station, an approximately 20-minute walk.

#### Cape Kogane



### Nishiizu Town P37.MAP G-4 Steep cliffs that formed from volcanic

Greep clinis that formed from volcatile flows from Mount Nekko. The bare rock is a tan color, and in the evening sun, takes on a beautiful golden hue. A prefecturally designated natural treasure.

Access - From Izuhakone Railway Shuzenji Station,

Access - From Izuhakone Railway Shuzenji Station, approximately 75 minutes by bus to Koganezaki Crystal Park, then an approximately 10-minute walk.

#### Dogashima Tensodo Nishiizu Town P37.MAP G-5



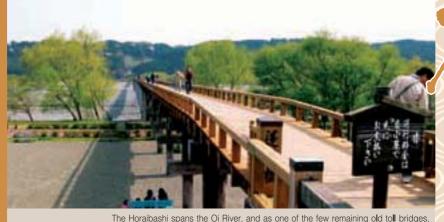
Caves formed over eons by the action of the sea. The sunlight pours through an opening in the roof of the caverns striking the service of the water, producing a mysterious emerald color.

■Access - From Izu Kyūkō Line Shimoda Station, approximately 1 hour by bus.



#### The 53 Stations of the Tōkaidō

The 53 Stations of the Tokaido, passing down Japan's unique highway culture The 53 stations along the famous Tokaido route that connected Edo with Kyoto. Shizuoka Prefecture has 22 of the 53 stations painted by ukiyoe artist Utagawa Hiroshige. Much history of these remains even now, communicating to us Japan's unique Edo Period culture of the highway.



#### Horai Bridge Shimada City P38.MAP (4)

is a popular sightseeing attraction. It has been registered in the Guinness World Records as the "longest wooden footbridge in the world" (897.4 meters).

Access - From JR Shimada Station, an approximately 25-minute walk.

## History

Historic sites illustrated in ukiyoe woodblock prints, ryokan inns loved by literary figures and artists, and specialty cuisines passed down from long ago... Enjoy a trip spanning the ages, in Shizuoka Prefecture, steeped in history.

#### Hamamatsu Castle



#### Hamamatsu City P38.MAP (3)

Hamamatsu Castle within Hamamatsu Castle Park was built by Tokugawa leyasu, and is known as the "Castle of Success," from where he set off to conquer the whole country. The park also features a Japanese garden, and a central grassed area.

Access - From JR Hamamatsu Station, approximately 5 minutes by bus; get off at Shiyakushomae, then an approximately 3-minute walk.

#### Kiunkaku



#### Atami City P38.MAP (2)

Kiunkaku, said to be one of the three greatest second houses in Atami. This is a famous historical and cultural landmark. and when it was a hotel, it was a favorite of many great authors such as Naoya Shiga, Junichiro Tanizaki, and Osamu Dazai,

Access - From JR Atami Station. an approximately 20-minute walk.

#### Fujisan Hongu Sengentaisha Shrine Fujinomiya City P37.MAP F-2 This is the head shrine of some 1,300 Sengen



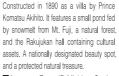
shrines throughout Japan. The top shrine in the Suruga area, from the eighth station and above of Mount Fuji are within the grounds of the Sengentaisha Shrine. The inner shrine has been designated an Important Cultural Property.

Access - From JR Fuilnomiva Station. an approximately 10-minute walk.

#### Rakujuen Park



#### Mishima City P38.MAP (2)



Access - From JR Mishima Station. an approximately 2-minute walk.

#### Tokaikan



#### Ito City P37.MAP H-4

This three-floor onsen ryokan hotel is just as it was at the time it was built in the mid-1920s. Its large, fully-tiled baths illustrate the care taken throughout the hotel by the master-craftsmen.

Access - From JR Ito Station, an approximately 10-minute walk.

#### Ryosenji Temple



#### Shimoda City P37 MAP G-5

This is the Ryosenii Temple, where at the end of the Edo period the Shimoda Treaty was signed between Japan and the United States of America by Commodore Perry and the representatives of the shogunate. The shrine's treasure house stores over a thousand original items relating to the Black Ships, and this is the largest such collection in Japan.

Access - From Izu Kvūkō Line Shimoda Station, an approximately 10-minute walk.

## Culture

Since being used by Tokugawa levasu in his "cloistered shogun period," Shizuoka Prefecture has been a base for traditional culture. At Shizuoka's many art galleries and museums, you can view valuable cultural assets and famous articles from around the world.



Shizuoka Prefectural Museum of Art

Shizuoka City P38.MAP (1)

A collection of approximately 2.450 pieces. This stores and exhibits an extensive range of articles, with a theme of landscapes of the east and west. The Rodin gallery is a permanent exhibit featuring 32 of his sculptures. including The Gates of Hell, and as such, is unique in Japan.

Access - From Shizuoka Railway Kenritsu-bijutsukan-mae, an approximately 15- minute walk.



Hanged Doll Ornament Festival January through March

Higashiizu Town P37.MAP H-5

Hanging dolls are a custom from the Edo period. They are made of old cloth, imbued with the wishes of their makers, and hung by a red thread at both sides of dolls arrayed on a tiered stand. These attractive hanging dolls all around the venue welcome in the spring at Inatori Onsen.

#### Hamamatsu Museum of Musical Instruments Hamamatsu City P38.MAP 3



Japan's first public museum of musical instruments. This exhibits instruments from around the world, including Europe, Japan, the rest of Asia, and Africa. This communicates the magnificence of musical instruments.

Access - From JR Hamamatsu Station. an approximately 8-minute walk.

#### Ryotanji Temple Hamamatsu City P37.MAP A-4



A famous temple of the Rinzai sect. In particular, its garden is renowned as a designated national historic place, and the buildings, unchanged from the Edo period, are prefecturally designated cultural properties.

Access - From JR Hamamatsu Station. approximately 45 minutes by bus; get off at Jinguii, then an approximately 10-minute walk.

#### Tokaido Hiroshige Art Museum Shizuoka City P37.MAP F-3



The world's only museum that focuses mainly on the works of ukiyoe master Utagawa Hiroshige, and it contains over 1,200 woodblock prints. These valuable woodblock prints introduce you to the world of the typical Edo-period citizen.

Access - From JR Yui Station, an approximately 25-minute walk.

#### Dai-Nippon Hotokusha



#### Kakegawa City P37.MAP C-5

This is the main shrine of the Hotoku movement of "harmonization of morals and economics" promoted by Ninomiya Kinjiro, which subsequently spread throughout Japan. This also sells Hotoku-related books, T-shirts, and key holders.

Access - From JR Kakegawa Station. an approximately 8-minute walk.

#### MOA Museum of Art



Atami City P38,MAP (2)

A highly-regarded art museum. This holds approximately 3,500 works of art, including paintings, writings, sculptures, and ceramics, among them three national treasures and 65 important cultural assets.

Access - From JR Atami Station. approximately 8 minutes by bus.

#### Ozashiki Culture University



Ito City P37 MAP H-4

A culture university at the Tokaikan, where you can learn about the essence of Japan. Dress up as a geisha, and learn etiquette and behavior from active geisha. The geisha experience course (90 minutes) is recommended.

Access - From Izu Kvūkō Line Ito Station, an approximately 10-minute walk.



#### The birthplace of Toyota

Sakichi Toyota, the founder of the Toyota Group, was born in Kosai City, Shizuoka Prefecture. The Sakichi Toyota Memorial House was opened in 1988, 120 years after his birth. This uses items related to his life to let visitors experience the passion of manufacturing.



Shizuoka Prefecture produces the most plastic models in Japan. Tamiya is well known around the world by fans of plastic models, and you can enjoy freely Tamiya Headquarters exploring the showroom at the Tamiya headquarters, and the Tamiya History Hall. Shizuoka City P38.MAP(1) Access – From JR Higashi-Shizuoka Station, an approximately 5 minutes by taxi.

Industry

Shizuoka Prefecture has made remarkable strides in industry, in particular being known for its musical instrument and automobile industries. There are many companies at which visitors can take factory tours. Here you can experience the wonder of manufacturing, while witnessing the most advanced skills and cutting-edge technology in action.

#### Musical Instruments



Shizuoka Prefecture has been a manufacturing hub for musical instruments since the Meiji period. At present, it produces the most pianos, electronic instruments, and Japanese and Western acoustic instruments in Japan. Enjoy the beautiful sounds of music produced by instruments created with painstaking skill.

#### Shiseido Art Museum



#### Kakegawa City P37 MAP C-5

This displays over 135 years of Shiseido advertising in newspapers and magazines, and television commercials, etc. Additionally, the adjoining art house also exhibits paintings, sculptures, and craft works.

 Access - From JR Kakegawa Station, an approximately 5-minutes by taxi.

#### Motorcycles and Cars



Shizuoka Prefecture is the birthplace of both Honda and of Toyota Sakichi, the founder of the Toyota Group, making it a key location in motorcycle and automobile manufacturing. As such, it is a popular destination with automotive fans

#### Sapporo Beer Shizuoka Brewery Yaizu City P37.MAP E-4



Most people visit the brewery to see how beer is made. Another on-site attraction is a biotope garden, where you can stroll and eniov natural surroundinas.

Access - From JR Yaizu Station an approximately 10 minutes by taxi.

#### Suruga Miniature Furniture (for dolls)



Items such as sewing boxes and drawers that can fit into the hand are painstakingly made into a box by artisans, with gold and lacquer decorations, giving the feeling of the "real thing."

#### Otsuka Pharmaceutical Fukuroi City P37.MAP C-5



A beverage manufacturer that produces unique products for fluid replacement and nutrition. You can experience a tour of their soft drink manufacturing facility.

Access - From JR Fukuroi Station. an approximately 15 minutes by taxi.

## Experience

Mountains, canyons, the ocean, lakes, the sky... Shizuoka, with so many opportunities for first-hand experience of the magnificence of nature



Climbing Mt. Fuji

Fuiinomiya City• Gotemba City · Ovama Town

Climbing Mt. Fuii is something that the Japanese also like to experience. There are three paths up the mountain - the Fujinomiya, Gotemba, and Subashiri courses - and for beginners, the Fujinomiya course is recommended.

Access - For Fujinomiya-guchi: Shuttle buses are available at JR Shin-Fuji Station. For Gotemba-guchi & Subashiri-guchi : Shuttle buses are availabele at JR Gotemba Station.

Numazu City other locations



Enjoy outdoor sports! Fantom Marine Kodama Hamamatsu city P38.MAP (3) Lake Hamana is a popular spot for people wanting to enjoy water sports. At Fantom Marine Kodama, experience the thrill of speeding over the water in a speedboat, and of floating through the sky with parasailing.

Access – From JR Hamamatsu Station. approximately 40 minutes by bus.

#### Ōigawa Railway



#### Shimada City P38.MAP (4)

The steam trains that travel along the Oi River between Kanava and Senzu Stations are very popular. Between Senzu and Ikawa stations Apt-style train runs the train uses the only rack railway in Japan, which boasts the steepest gradient in the country.

Access - JR Kanaya Station

#### Scuba diving







#### Shibakawa Town P37 MAP F-2

Japan's first nature school, based at the foot of Mt. Fuji. Here, you can enjoy climbing Mt. Fuji, exploring caves and forests, and children's camps, while learning about history, culture, and nature. Access - From JR Shin-Fuii Station, an approximately 40 minutes by taxi.

#### **Paraglider**



#### Kannami Town, and other locations

"I'd like to fly, just once." Who hasn't had this dream? With paragliding, you too can experience the joy of flying. Why not experience the joy of floating in the sky?

#### Sumpu Takumi-Shuku Shizuoka City P38.MAP (1)



Shizuoka's traditional handicrafts and history, handed down from the Imagawa and Tokugawa Periods. Enjoy culture particular to Shizuoka through creating, playing, learning, touching, observing, and tasting.

 Access - From JR Shizuoka Station. approximately 30 minutes by bus.

#### Whole Earth Nature School

#### Fuji Speedway



#### Ovama Town P37.MAP G-1

With Mt. Fuii as a backdrop, a circuit steeped in history and tradition, that has been the venue for many international races. This also features test cars. where you can enjoy the feeling of being a race driver for a short time.

Access - From JR Gotemba Station. approximately 25 minutes by bus.

#### Model course

(Your Shizuoka Guide) Shizuoka Prefectural **Tourism Association** Juri



Shizuoka Prefecture is a tourism paradise!!

I love everything Shizuoka has to offer - its history, its food, and its nature. I hope that people from both within Japan and from overseas can get to know its attractions. With these courses. I'll introduce tourist spots that show off the best of Shizuoka.

## Your fill of Japan!! The Shizuoka Golden Route

A day of seeing, touching, and learning about Japan's manufacturing culture, in Hamamatsu, an industrial powerhouse.

Approximately 110 minutes by bus

Mt. Fuji Shizuoka Airport

Hamamatsu Station



Hamamatsu Museum of **Musical Instruments** 

Approximately 7-minute walk



an approximately 7-minute walk.

A little further away...



Nakataiima Dunes Massive sand dunes that stretch for four kilometers along the Enshu Sea coastline.

Access - From JR Hamamatsu Station, approximately 20 minutes by bus.

Approximately 20 minutes by taxi.



Approximately 30 minutes by taxi.

#### Eel Pie Factory

Hamamatsu is famous for its "eel pies," which are a popular type of butter cookie that contains extract of eel. Take an interesting factory tour where you can see how these are made.

Access - From JR Maisaka Station, an approximately 15 minutes by taxi.





Approximately 60 minutes by taxi and Shinkansen.

#### Kanzanji Spa (overnight)





An onsen on a peninsula on the north-east shore of Lake Hamana. Nearby are a range of leisure spots, including sea swimming areas, amusement parks, and fishing areas. Enjoy the luxurious feeling of soaking in an onsen, while surrounded by the lake on three sides.

Access - From JR Hamamatsu Station, approximately 40 minutes by bus.



Mariko-Shuku, one of the fifty-three stations of the Edo period Tōkaidō. Even now, this town retains its former appearance. Why not try its famous cuisine made from grated vams?

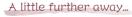


Approximately 40 minutes by taxi.

#### Mariko-Shuku (Yam Soup Lunch)

Day 2

Get a full taste of Japan, experiencing the culture of tea, views of Mt. Fuii, and a tour of historical landmarks.



#### Kakegawa Kachoen Park



A theme park where you can encounter parrots and owls among the blooming of the many seasonal flowers.

Access - From JR Kakegawa Station, an approximately 10-minute walk.

A famous castle, also closely connected to Tokugawa Ievasu. The daimyo's mansion. which is a national important cultural asset, still remains as it was. There is also a

Access - From JR Kakegawa Station, an approximately 10-minute walk.



#### column

#### Lake Hamana, famous for its eel.

The area around Lake Hamana is famous for its eels, with many restaurants where you can enjoy this cuisine. Unadon is eel grilled in a salty-sweet sauce and placed on rice, and is a uniquely Japanese taste.





### Kakegawa Castle



## fantastic view from the top of the keep.

Approximately 65 minutes by JR train and bus.



Approximately 20 minutes by taxi.

#### Gyokuro-no-Sato

The Hyogetsu-tei tea house was carefully constructed using traditional methods, and here you can experience the Japanese tea ceremony while looking out over the beautiful Japanese style garden and Pond.

Access - From Yaizu Station, an approximately 30 minutes by taxi.

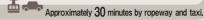


A range of hills 308 meters high that have been selected as one of the best 100 sightseeing spots in Japan. This looks down on Shimizu Port and Miho-no-Matsubara, and you can see the Izu Mountains, Shizuoka City, and in the distance the outline of the Akaishi Mountains.

Access - From JR Shizuoka Station, approximately 35 minutes by bus

#### Nihondaira (views of Mt. Fuji)

Approximately 5 minutes by ropeway.



#### Kunozan Toshogu Shrine



A Shinto shrine assoiciated with Tokugawa Ievasu, at the summit of Kunozan. The shrine pavilion and worship hall are well worth viewing, and the exquisite sculptures and colors both inside and out are a sight to behold.

Access - From JR Shizuoka Station, approximately 35 minutes by bus and then 5 minutes by ropeway.

#### A little further away...

#### Shizuoka Prefectural Museum of Art



This contains a variety of works, including those from Gauguin and Yokovama Taikan. and 32 works by Rodin, including The Gates of Hell, as permanent exhibits, making of unique in Japan.

Access - From Shizuoka Railway Kenritsu-bijutsukan-mae Station, an approximately 15-minute walk.

### Suruga Bay Ferry

Cross Suruga Bay in a ferry from Shimizu Port to Toi the Izu Peninsula, You can relax in the deluxe cabins, or, from the deck, gaze upon Mt. Fuji as it appears to float above the coastline.

Approximately 65 minutes by ferry.

Access - (to Shimizu Port pier) From JR Shimizu Station, free shuttle bus.

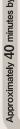


#### Dogashima Spa (overnight)



An onsen on the beautiful West Izu coastline. There are many rvokan inns and hotels that have baths from which you can view the beauty of islands large and small that dot the sea.





## 11

#### Bonnet Bus "The Dancing Girl of Izu"

column

"The Dancing Girl of Izu" that runs from Shuzenji Station is a renovated, unique type of bus from Japan of yore, with a guide dressed up as a dancer.

Day 3

Travel around the Izu Peninsula, and enjoy encountering Japanese history.

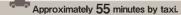


This tourist spot originally flourished as a gold mine during the Edo period. Visitors can try panning for gold dust, and can touch the largest gold bar in the world, as registered in Guinness World Records.

■Access - From Izuhakone Railway Shuzenji Station, approximately 50 minutes by bus.

#### Toi Gold Mine







#### Approximately 40 minutes by taxi.

#### Walk around Shuzenji

Walk around Shuzenji, an onsen town typical of mid-Izu. Authentic Japanese-style ryokan inns are built along the Katsura River which flows through the town. Here you can enjoy visiting historical spots and bathing in onsens.

Access - Izuhakone Railway Shuzenji Station.





#### A little further away...



#### Joren Falls

One of Izu's famous waterfalls, where water gushes over a luxuriantly forested 25-meter cliff. Wasabi, a specialty of this region, grows in farms along these mountain streams.

■Access - From Izuhakone Railway Shuzenji Station, approximately 30 minutes by bus.

#### Mishima Station





Approximately 60 minutes by Shinkansen and bus.

Mt. Fuji Shizuoka Airport



## Model course

⟨Your Shizuoka Guide⟩
Shizuoka Prefectural Tourism Association
Miyuki



## Your fill of Japanese culture!

I love Shizuoka's historical walks. Guests from overseas who want to learn more about Japan should visit Shizuoka Prefecture, where they'll find everything they could hope for. Enjoy Japanese culture and history to the fullest on this course.

## A tour of locations for viewing Mt. Fuji, showcasing a wealth of Japanese culture

Day 1

proximately 40 minutes by bus and ropeway

Visit historical spots, and encounter Japanese history and culture.

1 Shizuoka Station



### 2 Kunozan Toshogu Shrine

A Shinto shrine associated with to former shogun Tokugawa Ieyasu. Enjoy the exquisite sculptures and colors of the shrine pavilion and worship hall.

■ Access – From JR Shizuoka Station, approximately 35 minutes by bus and then 5 minutes by ropeway.





Approximately 80 minutes by ropeway, bus, JR train and walking.



3

Approximately 10-minute walk

#### Tokaido Hiroshige Art Museum

This art museum has a collection of approximately 1,300 woodblock prints, with a focus on works by *ukiyoe* master Utagawa Hiroshige (1797 – 1858).

Access - From JR
Yui Station,
an approximately
25-minute walk.



#### A little further away...

#### Satta Pass

An outstanding location from which to view Mt. Fuji, where it looks the same as in *ukiyoe* woodblock prints.

Access - From JR Okitsu Station, an approximately 60-minute walk.



4

Approximately 60 minutes by walking, JR train and bus.

Yui Cherry Shrimp (Cherry Shrimp Lunch)





As well as raw Cherry Shrimp, you can enjoy a year-round variety of cuisines such as kettle-fried and battered shrimp, and purchase shrimp and flaked bonito.

Access - From JR Yui Station, an approximately 5 minutes by taxi.



#### column

#### An Izu Specialty – Japanese Spider Crab

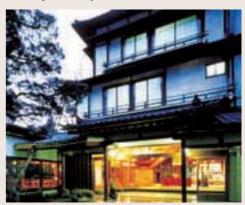
The Japanese spider crab caught in Suruga Bay is registered in the Guinness World Records as having the largest leg span, with some reaching over three meters. A delicious, refreshing taste.



Approximately 75 minutes by bus, JR train, Izuhakone Railway



Shuzenji Arai Ryokan(Tangible Cultural Asset Tour)



Many famous historical, wooden *ryokan* inns line the banks of the Katsura River in the *onsen* town of Shuzenji. Nowadays, a guide introduces you to these inns, which are tangible cultural assets. (Reservations required. English guides available.)

Access - From Izuhakone Railway Shuzenji Station, approximately 7 minutes by bus.

#### A little further away...

#### Numazu Fish Market INO



Seri is a price bidding system unique to traders in Japan's fish markets. In this bustling fish market, you can see seri in use.

■Access - From JR Numazu Station, approximately 15 minutes by bus.

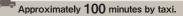


#### Numazu Imperial Villa Memorial Park

This is a villa for recreational use by the imperial household. This historic building was constructed in 1893, and now features a park and resource center to pass on its history.

Access - From JR Numazu Station, approximately 15 minutes by bus.







Shuzenji Spa, in which traditional Japanese ryokan inns line the banks of the Katsura River, which flows through the town. Many traditional ryokan and historical sites remain. with plenty to see.

Access - Izuhakone Railway Shuzenii Station.

### Shuzenji Spa (overnight)

Approximately 30 minutes by taxi.



A town lined with historic buildings and bamboo groves... Enjoy walking around Shuzenji Spa town, and soak up the atmosphere of old Japan.

> Bask in the feeling of antiquity by walking around this town with buildings and scenes redolent of old Japan

### Joren Falls, Wasabi Fields

One of Izu's famous waterfalls, where water gushes over a luxuriantly forested 25-meter cliff, Wasabi, a specialty of this region, grows in fields along these mountain streams. Access - From Izuhakone Railway Shuzenii Station. approximately 30 minutes by bus.

#### A little further away...



#### Old Amagi Tunnel

A stone tunnel created in 1905. This has been designated an important cultural asset, and also makes an appearance in Yasunari Kawabata's The Dancing Girl of Izu.

Access - From Izu Kyūkō Line Kawazu Station, approximately 45 minutes by bus



#### Shimoda Perry Road



column Perry's Black Ships and the Opening of Japan

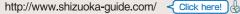
Commodore Matthew Perry landed at Uraga in 1853, which was the spur to the opening up of Japan after well over 200 years of isolationism. The town of Shimoda on the Izu Peninsula was the scene of negotiations regarding the opening of ports, and the town witnessed the start of friendly international exchange in Japan.



Shimoda was the first port fully opened to all foreign ships. Beside this stone road, you can see buildings and historic sites that tell of the opening of Japan.

Access - From Izu Kyūkō Line Shimoda Station, an approximately 15-minute walk.







 $\overline{\text{Day}}$  2





Ryosenji Temple was the site of the signing of the Convention of Kanagawa, Shimoda Treaty in 1854. The temple's treasure house contains exhibits telling of the history of the opening of Japan from its isolation.

Access - From Izu Kyūkō Line Shimoda Station, an approximately 10-minute walk.

Ryosenji Temple



Approximately 10-minute walk

Approximately 95 minutes by Izu Kyūkō or JR train.

#### Izu Kyūkō Line (Seaside View Train)



The Izu Kvūkō Line runs along a beautiful coastline. So that you can better enjoy the view of the coast, this special train has seats facing the sea. Enjoy rail travel while gazing out upon the beautiful views.





A little further away...



#### Shimoda Floating Aquarium

Here you can see the sea life of Izu. In the Fureai Lagoon in the bay, you can swim and interact with dolphins.

Access - From Izu Kyūkō Line Shimoda Station, approximately 8 minutes by bus.



#### Enjoy traditional Japanese culture at Atami. Kiunkaku



A famous villa from the Taisho Period (1912 - 1926) that has also been used as a ryokan. The grounds include beautiful examples of traditional Japanese architecture that incorporate elements of western style, and are well worth viewing.

#### Yumemachi Flower Dance



Atami Spa, with the most geisha in Japan. Here, geisha train in traditional arts such as dances and shamisen. and they give regular performances.



## Model course

(Your Shizuoka Guide) Shizuoka Prefectural Tourism Association Miyoko



#### Bask in the glory of nature!

I love traveling on the Oigawa Railway. The outstanding views of cherry blossoms, greenery, and autumn leaves throughout the seasons are without peer. On this course, vou will ride on a steam train, visit Sumatakvo Spa and other secluded areas shrouded in mystery, and experience a wealth of natural beauty.

## Visit secluded Okuōi on a steam locomotive

|Day 1

Approximately 7-minute wal

Ride a steam locomotive and visit secluded Okuōi. From the windows of the train, you can watch breathtaking landscapes and enjoy the magnificent natural beauty of Sumata Valley.

Kakegawa Station



Kakegawa Castle

At Kakegawa Castle, view the Ninomaru mansion, which is designated an important cultural asset, and enjoy the magnificent view from the top of the keep. In one of the castle gardens is the Kagegawa Ninomaru Museum of Art, containing works of art from the Edo period (1603 –1867).

Access - From JR Kakegawa Station, an approximately 7-minute walk.

Approximately 2-minute walk





Approximately 25 minutes by JR and walking

#### Ninomaru Museum of Art

An art museum within the grounds of Kakegawa Castle, Here you can appreciate exhibitions of swords and day-to-day items used by

feudal lords, as well as works from famous Japanese-style painters such as Yokovama Taikan.

Access - From JR Kakegawa Station, an approximately 7-minute walk.



#### A little further away...

#### Tsumagoi

This is a large, 170-hectare resort area with sports, hotels, restaurants, onsens, and other facilities set in a location from which you can enjoy the different seasons. Access - From JR Kakegawa Station, an approximately 10 minutes by taxi.





Approximately 10-minute walk

#### Ishidatami Chaya

An old-style teahouse at the entrance to the Tōkaidō's paved Kanaya Slope. This serves tea and soba noodles, and you can also view materials detailing the history of the highway, and buy local produce.

Access - From JR Kanaya Station, an approximately 10-minute walk





#### Kanaya Station Riding the Oigawa Railway Steam Locomotive

The Ōigawa Railway is the only route in Japan that has a steam locomotive operating every day. We invite you to view tea fields and beautiful natural scenery out the windows, while enjoying station boxed lunches.

Access - Next to JR Kanava Station is Ōigawa Railway Kanaya Station, the starting point for the steam train



Approximately 80 minutes by the Ōigawa Railway.

#### Kawane Spa Fureai-no-izumi (Stopover · Lunch)



Enjoy lunch while looking out at beautiful scenery and exciting steam locomotives. If you have time, you can also enjoy soaking in a hot spring, or shopping.

Access - From Oigawa Railway Sasamado Station. an approximately 5-minute walk.





#### Former Site of the Oi River Crossing



In times past, to cross the Oi River, one had to buy a ticket, and after handing this over to the carriers, travelers were carried across the river on a platform. Here you can visit toll booths, payment areas, and lodgings that still remain from that time.

Access - From JR Shimada station, take the Shizutetsu bus bound for Kanaya Station for 5 minutes, get off at Mukaijimanishi, and an approximately 10-minute walk.

#### column

#### Shizuoka's Unique Tea Sweets



Why not try sweets made with tea, in Shizuoka, Japan's top tea-producing area? Enjoy the unique taste of tea with its subtle sweetness, in Swiss rolls, cream puffs, sweet bean jelly, and other confections,



Enjoying nature by hiking through the beauty of Okuōi's gorges. The lake surface is a brilliant emerald green below the "Bridge of Dreams" suspension bridge on the hiking course, and the nearby autumn foliage is spectacular.

Access - From Ōigawa Railway Senzu Station, approximately 30 minutes by bus.

Day 2 On day 2, we continue our trip by enjoying the nature of Okuōi and relaxing in a steam locomotive.

A little further away...

#### Foret Nakakawane Chameikan



This introduces life in the mountains and local products, together with tea culture, In the teahouse, you can experience how to brew your own tea. Access - From Ōigawa Railway Suruga-Tokuyama Station, an approximately 10-minute walk.

#### Sumata Valley Suspension Bridge Hiking

Approximately 30-minute walk (Hiking course : 90 minutes).



Approximately 30 minutes by bus

#### Sumatakyo Spa (overnight)

This onsen is nestled in the natural beauty of Sumata Valley, and its water is famous for its beautifying properties. You can also enjoy local cuisine, unique to the mountains,

Access - From Öigawa Railway Senzu Station. approximately 30 minutes by bus.



column The taste of the mountains, born of the nature of Okuōi.

Enjoying cuisine unique to different areas is a fun part of travel. Okuōi. in which Sumatakyo Spa is nestled, is a veritable treasure-trove of foodstuffs. The vast variety of Japanese country cooking is simple and uses fish and vegetable dishes made of ingredients grown with clear mountain water, and includes wild boar and deer dishes. This very simplicity emphasizes the quality of the ingredients.





#### Ride a Rack Railway (between Senzu and Ikawa Stations)

Take a ride on the only train in Japan to use a toothed gear to assist in ascending and descending steep slopes. This gives superlative views of nature.





## Okuōikojō Station

A station in the middle of the Rainbow Bridge above a dammed lake. Famous as a secluded station, this offers spectacular views.

#### Walking around the Nagashima Dam

With parks and walking trails, this is a major tourist attraction. With unused tracks and a dam discharge nearby, there are many things to see, such as the Shibuki Bridge.

Access - From Ōigawa Railway Ikawa Station, an approximately 5-minute walk.



#### column

#### A spectacular view of the Akaishi Mountains



The Akaishi Mountains, spanning Shizuoka, Yamanashi, and Nagano Prefectures. This massive range of mountains is known around the world for its beauty. The area around Lake Ikawa is the perfect spot to view this magnificent sight.



## Model course

(Your Shizuoka Guide) Shizuoka Prefectural Tourism Association Kazumi



#### Let's experience Japanese culture!

I love woodblock prints of Mt. Fuji, stations on the ancient highways, and other Shizuoka sights. But excellent art has lived on in many renowned local modern artists, such Serizawa Keisuke. If vou have an interest in art work, why not go on one of the experience courses that have become increasingly popular among overseas visitors? Along the way you can also pick up a unique souvenir of your trip.

## See and encounter Japanese culture!

Day 1

Fully experience Japanese culture, old and new - for example, try a traditional Japanese craft or attend a tea ceremony in a traditional tea-room.



#### Earthquake Disaster Prevention Center

Take a tour around an earthquake and experience what it's like to fight the fires it leaves behind. In the dome theater, images on a huge 400-inch screen help to make the scale of nature more real, while the direct experience of water in the indoor tsunami water tank lets you feel the awesome power of a huge tidal wave.

Access - From JR Shizuoka Station, 15 minutes by bus.

#### A little further away...

#### Toro Archaeological Site

Relics from approximately 2.000 years ago. This is an important historic park at which you can gain a real feeling for life long ago, by seeing old dwelling sites, daily items, and decorations.

Access - From JR Shizuoka Station, approximately 15 minutes by bus.



Approximately 15 minutes by taxi.



Approximately 20 minutes by taxi.

#### Serizawa Keisuke Art Museum

This exhibits works from the late Keisuke Serizawa, an internationally renowned textile artist. Here you can see items such as kimono, screens, and store curtains made with the traditional Japanese katazome stencil-dyeing technique.

Access – From JR Shizuoka Station, approximately 20 minutes by bus.





#### Approximately 10-minute walk

#### Mariko-Shuku (Yam Soup Lunch)

The Tōkaidō was a busy route in the Edo period (1603-1867). At Mariko, a Tōkaidō station that still retains the atmosphere of old, you can enjoy grated yam soup, a specialty of this area.



#### Sumpu Takumi-Shuku (Experience Traditional Crafts)

Here you can experience traditional crafts handed down from the era of Tokugawa Ievasu (approximately 400 years ago). You can choose from a wide selection of activities that include ceramics, woodwork, and dyeing.

Access - From JR Shizuoka Station, approximately 30 minutes by bus.







At the Hyogetsu-tei tea house, which is carefully constructed using traditional methods, experience the Japanese tea ceremony while looking out over the beautiful Japanese-style garden and pond.

Access - From JR Yaizu Station, approximately 40 minutes by bus.

#### Gyokuro-no-Sato (Teahouse Experience)

Approximately 25 minutes by taxi.



This beach side hot spring is close to Yaizu port. The water contains levels of salt, and is said to be good for the skin.

Access - From JR Yaizu Station, an approximately minutes by taxi.

column

#### A little further away...

Yaizu Port (Yaizu Sakana Center)



Shizuoka Prefecture, with its long coastline, has many ports. You will never forget the variety of glistening fresh seafood laid out in a port fish market. Another special treat is the taste! Take the opportunity to enjoy sushi or sashimi straight from the sea.

Access - From JR Yaizu Station, an approximately 10-minute walk.

Appreciate items related to Lafcadio Hearn at the Yaizu Lafcadio Hearn Memorial Museum.

Approximately 45 minutes by taxi, JR and walking,

**一** 

An Irish author who depicted life in Japan, his works are loved around the world. He had a close relationship with Yaizu, and here you can see many items related to his life

Access - From JR Yaizu Station. approximately 10 minutes by bus.







A day in which you can see, touch, and taste Japanese culture by viewing Mt.Fuji, visiting historical sites, and partaking of sushi.



Horai **Bridge** 

This has been recognized by Guinness World Records as the "longest wooden footbridge in the world" (897.4 meters). Cross the bridge at your leisure, and enjoy the view of tea fields around you.





Approximately 80 minutes by walking, JR train and bus.



#### Be a monk for a day!

Experience the life of a Buddhist monk while visiting Fukuroi's famous Enshū Three Temples. Wear the vestments of a real monk, experience Zen meditation and ascetic training sitting under waterfalls, and eat the Spartan vegetable dishes unique to temples. This gives you time to unwind and relax.



column



Approximately 25 minutes by bus.

#### Enshu Three Temples Hattasan Soneiji Temple





One of the ancient Enshū Three Temples. Known for the God of Mercy who wards off evil, within the temple grounds, vou can also enjoy Yakuvoke dango that are said to have the same effect. This is popular as a springtime viewing spot for cherry blossoms.

Access - From JR Fukuroi Station, approximately 15 minutes by bus.

#### Hattasan Temple Yakuyoke Dango

Hattasan's specialty. Yakuvoke dango, are a traditional sweet comprising dumplings filled with sweet bean jam.





#### Yusanji Temple

An ancient temple, founded in 701. Within its expansive grounds there is much to see, including a cedar grove, mountain streams and waterfalls, a temple gate that has been designated an important cultural asset, and a three-story pagoda.

Access - From JR Fukuroi Station, an approximately 10 minutes by taxi.









A famous temple rebuilt and renamed by Tokugawa Ieyasu. In the large temple grounds, you can enjoy the main building and study, and you can also view peonies in spring, fringed orchids in summer, and beautiful foliage in autumn.

Access – From JR Fukuroi Station, approximately 10 minutes by bus.

#### Banshozan Kasuisai Temple



Approximately 10 minutes by taxi.



Approximately 45 minutes by bus , JR train and taxi.





#### Hamamatsu Castle

Here, Tokugawa Ieyasu lived for 17 years. The reconstructed donjon contains weapons and many other important Ieyasu-related materials, and you can enjoy the magnificent panoramic view from the top of the keep.

■Access – From JR Hamamatsu Station, an approximately 5 minutes by taxi.

Shizuoka Station

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## Festivals and traditional culture in Hamamatsu.

At the Hamamatsu Festival held every year in early May, you can enjoy viewing traditional events such as giant kite flying and flamboyant portable shrines, and the kites and shrines can also be seen year-round at the Hamamatsu Festival Pavilion



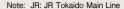


#### Hamamatsu Festival Pavilion



Kite-flying





Shizuoka Prefecture

Izu-Ito Onsen Lodging with Continuous Flow from the Source Spring

## Seizan Yamato

Oka 203, Ito, Shizuoka Pref. 414-0055, Japan Phone +81-(0)557-37-3108 Fax +81-(0)557-32-0500



Seizan Yamato, an elegant *ryokan* inn in modern Japanese style, lies on a hill overlooking the townscape of Ito, the sea, and the mountains.

The rustling bamboo groves and the natural beauty of the changing seasons invite travelers into a restful world.

The esthetics and culture of Japan are apparent in every aspect of the modern Japanese-style architecture and the immaculate interior.

Here you can enjoy to the fullest the *onsen* baths fed by continuous flow from the source spring and *kaiseki* course meals made of the freshest ingredients that are the pride of Seizan Yamato.

Seizan Yamato's attentive commitment to Japanese hospitality is sure to make for an excursion that will long live on in fond memory.



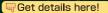
Enjoy scenic beauty and delicious dining at the traditional Japanese lodgings of Seizan Yamato.

Manager Shuho Shimakura



#### ACCESS Getting to Seizan Yamato

From Tokyo, take the Shinkansen (50 minutes), changing at Atami Station to a JB train to ito Station (20 minutes). From Tokyo, take the *Odoriok* Express (105 minutes). From Osaka, take the Shinkansen (3 hours 30 minutes). From Shizuoka Airport, take the bus to Shizuoka Station (50 minutes), then take the Shinkansen (40 minutes), changing at Atami Station to a JR train to Ito Station (20 minutes). Approximately 10 minutes by taxi from JR Ito Onsen Station (Courtesy bus available)



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http://www.seizanyamato.jp/ E-mail: seizan@yamatokan.co.jp



#### Shizuoka Prefecture

Izu-Shimoda Onsen The White Sands of Tatado Beach

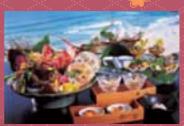
## Shimoda Yamatokan

2048 Kisami, Shimoda, Shizuoka Pref. 415-0028, Japan Phone +81-(0)558-22-1000 Fax +81-(0)558-22-2940°





Shimoda Yamatokan is situated on the beautiful Tatado coast fronting the Pacific Ocean. The coastline of white sand beaches is a mecca for surfers and, is also famed as an excellent swimming site for families and couples. We invite you enjoy a restful stay – savor a sumptuous evening meal, relax in a hot-spring bath. We'll provide everything you need for an unforgettable holiday!



You can partake of your fill of fresh bounty from the sea. The seasonally changing menu features items that proudly display the full range of skills that Shimoda Yamatokan's head chef can marshal.

A view of the Pacific spreads out before your eyes. Fusing the comfort of a seaside resort hotel with the elegant ambience of a traditional Japanese *ryokan* inn, Shimoda Yamatokan is replete with facilities intended expressly to soothe and ease.

Baths affording a panoramic view of the Pacific, baths made of prized hinoki cypress, spas and whirlpool baths offering an exhilarating feeling of freedom, and a myriad array of other bathing facilities await you—even guest rooms with private open-air baths affording spectacular evening views.



A beautiful coastline with white beaches spread out at your feet, and superb views of the Pacific from every guest room and bath—spectacular views of the ocean that in constant subtle change from morning noon, and evening, and it's almost as if they're just for you.

ACCESS Getting to Shimoda Yamatokan

Approximately seven minutes by taxi from Shimoda Station, reached by the Izu Kyuko Line (Courtesy bus available)

Get details here!

http://www.shimoda-yamatokan.co.jp/ E-mail: mail@shimoda-yamatokan.co.jp



#### Shizuoka Prefecture

## Zen no Yu Natural Onsen

天城温泉 禅の湯

28-1 Nashimoto, Kawazu-cho, Kamo-gun, Shizuoka Pref. 413-0501, Japan

Phone +81-(0)558-35-7253 Fax +81-(0)558-36-8931



The interior, designed in line with the concepts of Zen Buddhism, deftly fuses modern architecture with brightness and sense of freshness with the ambience of an ancient temple. The simple spaces of a style also known as "Japanese modern" will lead you to

a stay of soothing comfort.

The Buddhist teachings of Shakyamuni describe the practice of simply sitting with a still mind. You are welcome to experience a unique aspect of Japan by taking part in a zazen meditation session at the adjacent temple of

is said to be tremendously beneficial to health. In numerous other varieties of healing stones is said and is recommended for men as well as women.

*Joshin* cuisine is the simple Buddhist fare consumed by monks at Zen monasteries and elsewhere. At Zen no Yu, loving care is taken to prepare healthy dishes using plenty of local seasonal ingredients.

#### ACCESS Getting to Zen no Yu Natural Onsen

Approximately 15 minutes by bus from Kawazu Station, reached by the Izu Kyuko Line



Get details here!

http://www.zen-no-yu.com/

E-mail: yoyaku@zen-no-yu.com



Opened in 1930 as Nakanoshima Aquarium, this was Japan's first public aquarium to keep bottlenose dolphins. The aquarium also houses whale sharks and minke whales, and boasts a world-class record of achievement.

You can cruise Mito Bay aboard a charming dolphin-shaped excursion boat, affording up-close views of Mount Fuji from the sea.

## Izu Mito Sea Paradise



After its rebirth as Izu Mito Sea Paradise in 1977, the aquarium became the first in Japan to house walruses and sea otters. Here is where many marine animals, fishes, and other forms of ocean life flourish and give captivating performances. The mainstay of Sea Paradise's popularity is its shows. The Dolphin Sea show includes stiring jumps by bottlenose dolphins, and Marine Life Plaza is a humorous, fast-paced show that features common sea lions, Steller sea lions, and Paradise with single sea lions, and paradise with a spend a fun day with amazing animals of the seas.

3-1 Uchiuranagahama, Numazu, Shizuoka Pref. 410-0295, Japan Phone +81-(0):55-943-2331

Hours: 9:00 AM to 5:00 PM (admission until 4:00 PM)
Open year-round

http://www.seapara.jp/



Approximately 15 minutes by taxi from Izunagaoka Station (Izuhakone Railway)





The Suruga Bay Ferry offers more than just marine transportation. In addition to breathtaking view of Shimizu Port, Suruga Bay, the mountains of Izu, sunsets, and other scenic sights, the ferry itself can add a moment of magic to your travels.

**/** The Ocean Room

Shimizu Port, where the landing is located, is just 15 minutes by car from Shimizu Interchange, or a bus ride of seven or eight minutes from Shimizu Station. The high-speed ferry crosses Suruga Bay to Toi Port in 65 minutes. Enjoy a comfortable and convenient cruise that gets you to Izu Peninsula quicker.

SULUSA BAY FELLY Shimizu Port and Shimizu Bay Cruises

ACCESS

Free shuttle bus from Shimizu Station (to Shimizu Port)



Taking the Suruga Bay Ferry lets you use your travel time most effectively, without having to worry about congested roadways. Access to Izu Peninsula and Shizuoka Airport is also convenient and smooth.

#### S-Pulse Dream Ferry Co., Ltd.

3rd Floor, Marine Terminal

10-80 Hinode-cho, Shimizu-ku, Shizuoka City, Shizuoka Pref. 424-0922, Japan

Phone +81-(0)54-353-2221

http://www.dream-ferry.co.jp/



Cruise Shimizu Port, counted among the three most scenic ports in Japan. Enjoy a boat excursion that offers comfort and relaxation.



Bay spread out below and magnificent Mount Fuji.

The Shimada Golf Course adjacent to Shizuoka Airport is one of the foremost that Shizuoka Country offers. The eastern footbills of the Makinohara Plateau, known as one of Japan's leading tea-producing areas, promises enjoyable play along with views of Mount Fuji.



The Shizuoka Country Fukuroi Course is located in a hilly region graced with ideal features: abundant natural surroundings. terrain, convenient access, and more. The course design, which takes full advantage of the topography and natural woods, achieves deft harmony between the diverse variety of trees and the course, adding enjoyment to play even while bringing out the essence of each changing season.



Grounded on the concept of harmony between natural beauty and golf courses, the Mikawa Country Club has achieved tremendous success with the Shimada, Hamaoka, and Fukuroi courses. These broad and flat woodland courses each offer 18. holes that make full use of the features each green offers

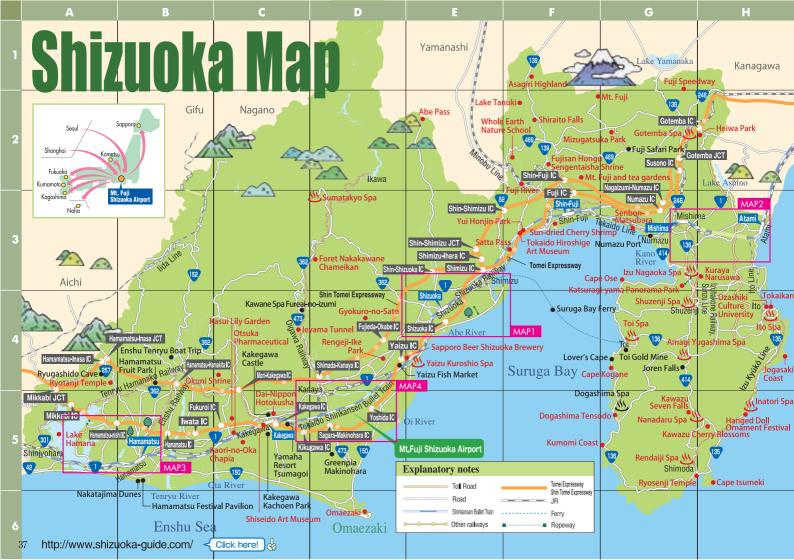
#### Nippondaira Hotel

Shizuoka Country Hamaoka Course & Hotel Shizuoka Country Shimada Golf Course Shizuoka Country Fukuroi Course Mikawa Country Club

Nihondaira, Shimizu-ku, Shizuoka City, Shizuoka Pref. 424-8719, Japan ......Phone +81-(0)54-335-1131 2070-2 Kadoya, Omaezaki, Shizuoka Pref. 473-1686, Japan .......Phone +81-(0)537-86-3311 3500 Funaki, Shimada, Shizuoka Pref. 427-0107, Japan ........Phone +81-(0)547-38-1313 1616 Kunimoto, Fukuroi, Shizuoka Pref. 437-8501, Japan ........Phone +81-(0)538-43-3311 1-16 Toyosaka, Shinshiro, Aichi Pref, 441-1352, Japan ......Phone +81-(0)536-23-5551

静岡カントリー http://www.scg.jp/

this promises a full range of play for you to enjoy.

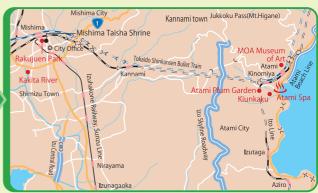




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Surrounding of Hamamatsu • Lake Hamana









Surrounding of Atami • Mishima





## Tourism and Airport Promotion Bureau Shizuoka Prefecture Culture and Tourism Department

TEL +81-(0)54-221-3696

9-6 Ote-machi, Aoi-ku, Shizuoka 420-8601, Japan

#### **Shizuoka Prefectural Tourism Association**

TEL +81-(0)54-202-5595

2nd Floor, Mizunomori Bldg., 14-1 Minami-cho, Suruga-ku, Shizuoka 422-8067, Japan



http://www.shizuoka-guide.com/english/